Cumberland River Challenge 2011

62, 31, and 11-mile bike ride ~ October 15, 2011 ~ Ashland City, TN

On October 15, 2011, join the Friends of the Cumberland River Bicentennial Trail for the 12th Annual Cumberland River Challenge bike ride.

The Ride: The very flat 11-mile family ride follows the Cumberland River along Chapmansboro Road and the paved trail. This route will give the rider an opportunity to visit the trail and its historic bridges.

The 31- and 62-mile courses will take you from the bluffs of the Cumberland River up to the Highland Rim. The paved routes follow lightly traveled rural roads. This is hill country so expect good climbs while you enjoy the early fall foliage. Don't pass up this event due to its lack of a century route; you will be challenged during this ride while having a great time!

Registration fees include continental breakfast, support (SAG) services, rest stops, cue sheet, and a T-shirt (size guaranteed to those who register by October 1st and available to all others while supplies last).

Online registration is available at www.active.com

HELMETS ARE MANDATORY. RIDERS WILL NOT BE ALLOWED TO PARTICIPATE WITHOUT A HELMET.

For more information contact:

- CumberlandRiverChallenge@yahoo.com
- Friends of the Trail, P.O. Box 597, Ashland City, TN 37015
- Angie Smith, 615-792-7598

Directions: I-40 West to Exit 204 (Briley Parkway). Take Exit 24 (Ashland City Hwy/Hwy 12). Go left (north) on Hwy. 12. In Ashland City, turn left on Cumberland Street/Hwy49 in front of the courthouse. Then turn left at the light just before you cross the Cumberland River. Riverbluff Park is on the right.

I-24 West to Exit 24 (Hwy 49). Turn left (south) onto Hwy 49 to Ashland City. In Ashland City, turn left on Cumberland Street/Hwy49 in front of the courthouse. Then turn left at the light just before you cross the Cumberland River.

ENTRY FORM

Name _____ Age _____ M/F _____

Street _____

City _____ State _____ Zip _____

Phone _____ Email Address _____

Emergency Contact _____ Phone _____

Please check one:
- ☐ 11-Mile Family Ride
- ☐ 31 Miles
- ☐ 62 Miles

How did you hear about this ride? Please check one:
- ☐ Flyer in mail
- ☐ Friend
- ☐ Bike shop
- ☐ Other_____

Registration Fees:

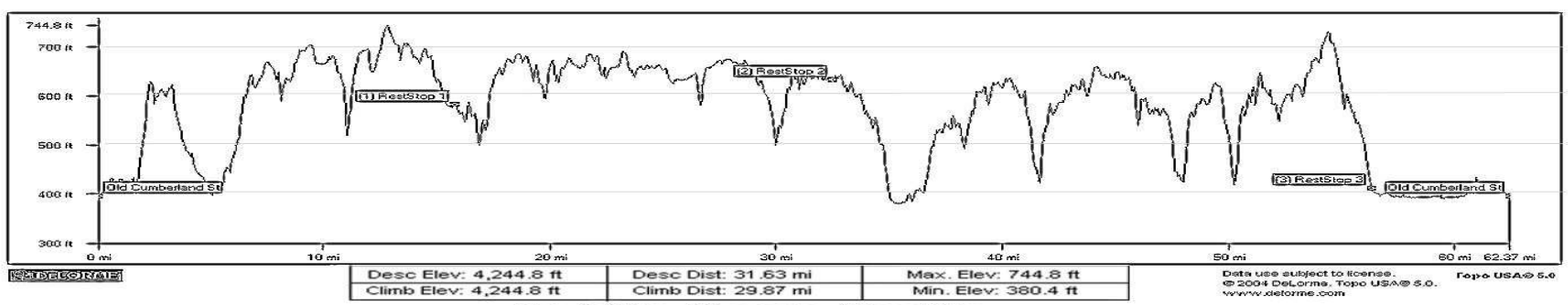
Individual	$35 if postmarked by October 1	$45 late registration/day of event
Family*	$50 if postmarked by October 1	$60 late registration/day of event

*Family registration includes two riders and two T-shirts. Additional charge for more riders and shirts.

Fee Registration	$
Additional Riders @ $5 each	$
Additional T-Shirts @ $15 each	$
Additional Contribution	$
Total Amount Enclosed	$

Size	Quantity
S	
M	
L	
XL	
XXL	

PLEASE COMPLETE WAIVER ON REVERSE AND RETURN ENTIRE FORM ALONG WITH YOUR CHECK (PAYABLE TO FRIENDS OF THE TRAIL) TO:
Friends of the Trail, P.O. Box 597, Ashland City, TN 37015



62 Mile Route Profile

Participant Waiver

12th Annual Cumberland River Challenge
October 15, 2011

In consideration of your accepting my (or my child's) entry into this program, and the benefits received, I hereby, for myself (or my child) waive and release any and all rights, causes of action, claims and damages or injuries, I (or my child) may have against the Town of Ashland City or the Parks and Recreation Department, The Friends of the Trail, their agents, employees, successors, or assigns for any and all injuries or other special circumstances suffered by me (or my child) at any activity sponsored by this group, or while participating, in this event.

I also agree, for myself (or my child), to hold harmless from any and all claims for injuries or damages including reasonable attorney's fees which the Town of Ashland City or the Parks and Recreation Department, The Friends of the Trail, their agents, employees, successors, or assigns may suffer or incur as the result of my (or my child's) participation in this event.

Signature of Participant Date

Printed name of parent/guardian for participant under age 18

Signature of parent/guardian Date

Friends of the Trail
PO Box 597
Ashland City, TN 37015

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RIVERBLUFF PARK
ASHLAND CITY, TN

OCTOBER 15, 2011

SCHEDULE:

7:30 – 8:45 A.M.	BREAKFAST, CHECK-IN AND LATE REGISTRATION
9:00 A.M.	LINE-UP
9:15 A.M.	RIDES START
2:30 P.M.	SAG AND REST STOP SUPPORT ENDS

Ashland City
Parks and Recreation

bicycle center
1450 Madison Street Clarksville, Tennessee 37040